



**BACK ROAD RAMBLERS PRESENTS:**

# 30 Days of Hygge in the Outdoors

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me!

For details, visit [30 Days of Hygge in the Outdoors](#) on Back Road Ramblers

Wake up early and go for a sunrise picnic	Build and enjoy a backyard fire	Make a hot drink to enjoy outside	Make a watercolor paint tin and use it outdoors	Invest in cozy wool socks	Hang some outdoor string lights in your yard
Go stargazing	Practice yoga outdoors	Try Letterboxing	Try a walking meditation	Make a candle lantern and light it outdoors	Visit a local farm
Go glamping or cabin camping	Go for a walk with a friend	Grab your binoculars and watch the birds	Gather natural materials and create a bouquet or centerpiece for your table	Create a suet bird wreath and hang it in your yard for your feathered friends	Read your favorite book in a hammock
Invest in some winter woolens	Unplug for a day and get outside	Ditch the GPS and go for a drive for your best friend	Head to your favorite outdoor spot and write in your journal	Play a game of tag or hide-and-seek with some young friends	Make your own fire starters for your next campfire
Make and drink your coffee or tea outdoors	Plant spring bulbs near your entryway or window	Paddle a canoe or a kayak	Volunteer to walk dogs at your local animal shelter	Buy a field guide and bring it on a walk	Write a poem about your favorite outdoor space

